



Monday

August 29Assorted Whole
Grain Cereal
Apples

Tuesday

August 30Whole Grain Waffles
Turkey Sausage
100% Orange Juice

Wednesday

August 31Whole Grain Blueberry
Muffin
Cantaloupe

Thursday

Whole Grain
French Toast
Turkey Bacon
Oranges

Friday

Whole Grain Bagel
Cream Cheese
Pears**NO SCHOOL**
LABOR DAYAssorted Whole
Grain Cereal
AppleAssorted Whole
Grain Cereal
OrangeWhole Grain
Blueberry Muffin
OrangeAssorted Whole
Grain Cereal
Apple SauceWhole Grain Bagel
Cream Cheese
100% Fruit JuiceWhole Grain
Waffle
Turkey Bacon
CantaloupeWhole Grain Bagel
Cream Cheese
PineappleWhole Grain Banana
Muffin
CantaloupeFat Free Yogurt
Granola
PineappleWhole Grain
Zucchini or Banana Bread
100% FRUIT JuiceAssorted Whole
Grain Cereal
100% Fruit JuiceWhole Grain Waffles
Turkey Sausage
OrangesFrench Toast
Turkey Bacon
OrangeWhole Grain
Pancake
Scrambled Eggs
ApplesWhole Grain
Pancake
Turkey Bacon
AppleFrench Toast
Turkey Bacon
PearsEnglish Muffin with
Turkey Sausage and Cheese
PearsFat Free Yogurt
Granola
BananasWhole Grain Waffles
Turkey Sausage
Fruit Salad

- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider

Monday
August 29

Chicken Patty Sandwich
WG Bun
Baked Beans
Pears

NO SCHOOL
LABOR DAY

Cheeseburger
Potato Fries
Orange

Chicken Drumstick
WG Roll
Sweet Potatoes
Apple Sauce

Chicken Nuggets
WG Roll
Black Beans
Apples

Tuesday
August 30

Meatloaf
Gravy, Mashed Potatoes
Green Beans, Dinner Roll
Bananas

Chicken Tenders
WG Roll
Corn
Orange

Turkey Sausage
Jambalaya
Green Beans
Banana

Turkey Hot Dog
Hot Dog Roll
Bean and Beef Chili
Banana

Fish Patty Sandwich
WG Bun
Green Beans
Banana

Wednesday
August 31

Chicken Taco
Taco Shells
Corn
Apple Sauce

Ground Beef
Spanish Rice
Baked Beans
Bananas

Beef Taco
Black Beans
Tangerines

Cheese
Pizza
Broccoli
Pears

Cheese Quesadillas
Corn
Orange

Thursday

Macaroni & Cheese
Carrots
Plums

Spaghetti and
Chicken
Green Beans and Carrots
100% Fruit Juice

Macaroni and Cheese
Broccoli
Apple Sauce

Spanish Rice with
Chicken
Corn
Orange

Spaghetti and
Meatballs
Broccoli
Pears

Friday

Turkey Bologna
And Cheese Sandwich
Romaine Lettuce & Tomato
Salad
100% Fruit Juice

Turkey Ham and
Cheese Sandwich
Romaine Lettuce and
Tomato Salad
Apples

Chicken Nuggets
Whole Grain Roll
Carrots
100% Fruit Juice

Chicken Salad
Coleslaw
100% Fruit Juice

Turkey Bologna and
Cheese Sandwich
Romaine Lettuce, Tomatoes
100% Fruit Juice

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Monday
August 29

Vegetarian Patty
Sandwich, WG Bun
Baked Beans
Pears

NO SCHOOL
LABOR DAY

Tuesday
August 30

Rice and Beans, Mashed
Potatoes
Green Beans
Bananas

Vegetarian Patty
WG Roll
Corn
Orange

Wednesday
August 31

Vegetarian Taco
Taco Shells
Corn
Apple Sauce

Spanish Rice with
Vegetarian Meat
Baked Beans
Bananas

Thursday

Macaroni & Cheese **1**
Carrots
Plums

Vegetarian
Spaghetti **8**
Green Beans and Carrots
100% Fruit Juice

Macaroni and Cheese **15**
Broccoli
Apple Sauce

Spanish Rice with
Vegetarian Meat **22**
Corn
Orange

Vegetarian
Spaghetti **29**
Broccoli
Pears

Friday

SunButter & Jelly **2**
Sandwich
Romaine Lettuce & Tomato
Salad
100% Fruit Juice

Tofu and Vegetable **9**
Sandwich
Romaine Lettuce and
Tomato Salad
Apples

Black Bean Patty **16**
Whole Grain Roll
Carrots
100% Fruit Juice

Tofu and Vegetable **23**
Sandwich
Coleslaw
100% Fruit Juice

SunButter & Jelly **30**
Sandwich
Romaine Lettuce, Tomatoes
100% Fruit Juice

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