

# Breakfast for November 2021

Top Spanish Catering, Inc

Monday, November 1	Tuesday, November 2	Wednesday, November 3	Thursday, November 4	Friday, November 5
Assorted Whole Grain Cereal Fresh Apple	Whole Grain Waffles Turkey Sausage Patty Fruit Salad	Whole Grain Banana Bread Slice Fresh Pears	Whole Grain Bagels Cream Cheese Fresh Orange	Whole Grain French Toast Turkey Bacon Fresh Pineapple
Monday, November 8	Tuesday, November 9	Wednesday, November 10	Thursday, November 11	Friday, November 12
Assorted Whole Grain Cereal Fresh Plums	Whole Grain Pancake Turkey Sausage Links Fresh Pear	Whole Grain Blueberry Muffin Fresh Orange 100% Orange Juice		<b>NO SCHOOL</b>
Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
Assorted Whole Grain Cereal Fresh Orange	Whole Grain French Toast Turkey Sausage Patty Fresh Apple	Fat Free Yogurt Granola Fresh Plums	Whole Grain Waffles Turkey Bacon Fresh Cantaloupe	Whole Grain Apple Muffin Fresh Pears
Monday, November 22	Tuesday, November 23	Wednesday, November 24	Thursday, November 25	Friday, November 26
Assorted Whole Grain Cereal Fresh Orange	Whole Grain Zucchini Bread Fresh Plums	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
Monday, November 29	Tuesday, November 30	Wednesday, December 1	Thursday, December 2	Friday, December 3
Assorted Whole Grain Cereal Fresh Apple	Whole Grain Bagels Cream Cheese Fruit Salad	Whole Grain Banana Bread Slice Fresh Plums	Whole Grain Pancake Turkey Bacon Fresh Orange	Whole Grain French Toast Turkey Sausage Patty Fresh Pears

## November

- Good Nutrition Month
- Thanksgiving

- *ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK*
- *MENU SUBJECT TO CHANGE.*
- *DAILY FRUIT OFFERED MAY CHANGE DEPENDING ON AVAILABILITY.*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

# Lunch for November 2021

Top Spanish Catering, Inc

Monday, November 1	Tuesday, November 2	Wednesday, November 3	Thursday, November 4	Friday, November 5
Chicken Patty Sandwich Whole Grain Bun Corn Mayonnaise Fresh Pears	Spanish Rice with Chicken Green Peas Fresh Oranges	Turkey Bologna and Cheese Sandwich Romaine Lettuce, Tomato & Cucumber Salad Ranch Dressing Fresh Bananas	Chicken Drumsticks Whole Grain Roll Baked Beans Fresh Apples	Spaghetti & Meatballs Carrots Fresh Plums
Monday, November 8	Tuesday, November 9	Wednesday, November 10	Thursday, November 11	Friday, November 12
Chicken Nuggets Whole Grain Roll Black Beans Fresh Apples	Macaroni & Cheese Green Beans & Corn Fresh Bananas	Sunbutter & Jelly Sandwich Romaine Lettuce & Tomato Salad Mayo, Ranch Dressing Fresh Plums		<b>NO SCHOOL</b>
Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
Turkey Hot Dogs Hot Dog Roll Baked Beans Fresh Pears	Salisbury Steak Marinara Sauce Brown Rice Green Beans Fresh Oranges	Turkey Ham and Cheese Sandwich Carrot Sticks Fresh Bananas	Spaghetti and Chicken Corn Fresh Peaches	Cheese Pizza Broccoli Fresh Apples
Monday, November 22	Tuesday, November 23	Wednesday, November 24	Thursday, November 25	Friday, November 26
Cheeseburger Sweet Potato Fries Ketchup Fresh Pears	Roasted Turkey with Gravy Whole Grain Roll Mashed Potatoes Green Beans Cranberry Sauce Fresh Apples	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
Monday, November 29	Tuesday, November 30	Wednesday, December 1	Thursday, December 2	Friday, December 3
Chicken Patty Sandwich Baked Beans Mayo Fresh Pears	Meatloaf Whole Grain Roll Mashed Potatoes Green Beans Fresh Oranges	Turkey Bologna and Cheese Sandwich Coleslaw Banana	Chicken Alfredo Pasta Broccoli & Carrots Apple Sauce	Chicken Teriyaki/Stir Fry Brown Rice Corn Fresh Plums

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# Vegetarian for November 2021

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Vegetarian Patty Whole Grain Bun Corn Fresh Pears	Spanish Rice with Vegetarian Meat Green Peas Fresh Oranges	Sunbutter & Jelly Sandwich Romaine Lettuce, Tomato & Cucumber Salad Ranch Dressing Fresh Bananas	Cheese Quesadilla Baked Beans Fresh Apples	Vegetarian Meat Spaghetti Carrots Fresh Plums
Monday, November 8	Tuesday, November 9	Wednesday, November 10	Thursday, November 11	Friday, November 12
Vegetarian Patty Whole Grain Roll Black Beans Fresh Apples	Macaroni & Cheese Green Beans & Corn Fresh Bananas	Sunbutter & Jelly Sandwich Romaine Lettuce & Tomato Salad Mayo, Ranch Dressing Fresh Plums		<b>NO SCHOOL</b>
Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
Vegetarian Patty Baked Beans Fresh Pears	Rice with Vegetarian Meat Green Beans Fresh Oranges	Sunbutter & Jelly Sandwich Carrot Sticks Fresh Bananas	Vegetarian Meat Spaghetti Corn Fresh Peaches	Cheese Pizza Broccoli Fresh Apples
Monday, November 22	Tuesday, November 23	Wednesday, November 24	Thursday, November 25	Friday, November 26
Vegetarian Patty Hamburger Bun Sweet Potato Fries Ketchup Fresh Pears	Rice with Beans Potatoes Green Beans Cranberry Sauce Fresh Apples	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
Monday, November 29	Tuesday, November 30	Wednesday, December 1	Thursday, December 2	Friday, December 3
Vegetarian Patty Whole Grain Bun Baked Beans Mayo Fresh Pears	Rice with Beans Potatoes Green Beans Fresh Oranges	Sunbutter & Jelly Sandwich Coleslaw Banana	Vegetarian Spaghetti Broccoli & Carrots Apple Sauce	Rice with Vegetarian Meat Corn Fresh Plums

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# SNACK for November 2021

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Monday, November 1	Tuesday, November 2	Wednesday, November 3	Thursday, November 4	Friday, November 5
Graham Crackers 1% Milk	Cheese String Apple Slices	Goldfish Milk	Fat Free Yogurt Pears	Whole Grain Muffin 1% Milk
Monday, November 8	Tuesday, November 9	Wednesday, November 10	Thursday, November 11	Friday, November 12
Sun Chips Pears	Graham Crackers 1% Milk	Fat Free Yogurt Apple		<b>NO SCHOOL</b>
Monday, November 15	Tuesday, November 16	Wednesday, November 17	Thursday, November 18	Friday, November 19
Apple Filled Churros 1% Milk	Goldfish Crackers 1% Milk	Cheese String Oranges	Graham Crackers 1% Milk	Sun Chips 1% Milk
Monday, November 22	Tuesday, November 23	Wednesday, November 24	Thursday, November 25	Friday, November 26
Goldfish 1% Milk	Graham Crackers 1% Milk	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
Monday, November 29	Tuesday, November 30	Wednesday, December 1	Thursday, December 2	Friday, December 3
Cheese String Carrot Sticks	Fat Free Yogurt Apple Slices	Graham Crackers 1% Milk	Whole Grain Muffin 1% Milk	Sun Chips Orange

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