Breakfast Menu: October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 TURKEY SAUSAGE BISCUITS (2OZ) 100% ORANGE JUICE HONEYDEW MILK: 1% Low Fat MILK: Skim	2 FRENCH TOAST BANANAS SYRUP, PANCAKE MILK: 1% Low Fat MILK: Skim	3 TURKEY SAUSAGE LINKS HOME FRIES (AM) ROLLS APPLESAUCE MILK: 1% Low Fat MILK: Skim	4 FRUIT & YOGURT SMOOTHIE GRANOLA CUPS PEARS MILK: 1% Low Fat MILK: Skim
7 COFFEE CAKE MUFFINS APPLES MILK: 1% Low Fat MILK: Skim	8 PANCAKES 100% ORANGE JUICE HONEYDEW MILK: 1% Low Fat MILK: Skim	9 EGG SANDWICH BANANAS MILK: 1% Low Fat MILK: Skim	10 HASHBROWNS TURKEY SAUSAGE LINKS APPLESAUCE ROLLS MILK: 1% Low Fat MILK: Skim	11 CEREAL, VARIETY YOGURT PEARS MILK: 1% Low Fat MILK: Skim
14 NO SCHOOL TODAY	15 WAFFLES TURKEY SAUSAGE LINKS 100% ORANGE JUICE HONEYDEW MILK: 1% Low Fat MILK: Skim	16 EGG & CHEESE SANDWICH BANANAS SYRUP, PANCAKE MILK: 1% Low Fat MILK: Skim	17 OATMEAL w/DRIED RAISINS APPLESAUCE MILK: 1% Low Fat MILK: Skim	18 BAGELS PEARS CREAM CHEESE JELLY MILK: 1% Low Fat MILK: Skim
21 APPLE CINNAMON MUFFINS APPLES MILK: 1% Low Fat MILK: Skim	22 EGG & CHEESE FRITTATA 100% ORANGE JUICE HONEYDEW ROLLS MILK: 1% Low Fat MILK: Skim	23 TURKEY SAUSAGE ENGLISH MUFFIN BANANAS MILK: 1% Low Fat MILK: Skim	24 HARD BOILED EGG ROLLS APPLESAUCE MILK: 1% Low Fat MILK: Skim	25 BISCUITS (2 OZ) PEARS JELLY MILK: 1% Low Fat MILK: Skim
28 PUMPKIN MUFFINS APPLES MILK: 1% Low Fat MILK: Skim	29 CHICKEN TENDERS WAFFLES 100% ORANGE JUICE HONEYDEW MILK: 1% Low Fat MILK: Skim	30 BAKED EGGS TOAST, WHOLE-WHEAT BREAD BANANAS MILK: 1% Low Fat MILK: Skim	31 BREAKFAST BOWL APPLESAUCE MILK: 1% Low Fat MILK: Skim	