

Lunch Menu: August–September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
26 PESTO PASTA STEAMED BROCCOLI MOZZARELLA CHEESE STICK ORANGES (1C) MILK: 1% Lowfat MILK: Skim	27 THAI CHICKEN TACOS THAI TOFU TACOS CHOPPED TOMATO SALAD PICKLED CARROT SALAD PEARS (1C) MILK: 1% Lowfat MILK: Skim	28 LEMON ROSEMARY PEPPER CHICKEN LEMON PEPPER TOFU ROASTED ZUCCHINI RICE & PEAS APPLES (1C) MILK: 1% Lowfat MILK: Skim	29 BLACK BEANS (MMA) BROWN RICE (4oz) CORN & TOMATO SALSA PEACH CUP (1C) MILK: 1% Lowfat MILK: Skim	30 BEEF HOT DOG BLACK BEAN BURGER COLESLAW BANANAS (1C) MILK: 1% Lowfat MILK: Skim
2 NO SCHOOL TODAY	3 ZESTY CHICKEN TACOS BLACK BEAN SALSA PEARS (1C) MILK: 1% Lowfat MILK: Skim	4 BBQ CHICKEN POTATO SALAD ROLLS APPLES (1C) MILK: 1% Lowfat MILK: Skim	5 SALMON CAKES GREEN BEANS SWEET POTATOES ROLLS APPLESAUCE MILK: 1% Lowfat MILK: Skim	6 SPAGHETTI W/MEAT SAUCE (10OZ) HOUSE SALAD BANANAS (1C) MILK: 1% Lowfat MILK: Skim
9 RED BEANS & RICE MOZZARELLA CHEESE STICK SPINACH SALAD ORANGES (1C) MILK: 1% Lowfat MILK: Skim	10 TACO CASSEROLE W/BEEF TORTILLA WRAP TORTILLA WRAP BLACK BEAN SALSA CHOPPED TOMATO SALAD PEARS (1C) MILK: 1% Lowfat MILK: Skim	11 KATI-KATI CHICKEN BROWN RICE (4oz) COLLARD GREENS APPLES (1C) MILK: 1% Lowfat MILK: Skim	12 INDIAN MANGO DAL BROWN RICE (4oz) STEAMED POTATOES CUCUMBER SALAD APPLESAUCE MILK: 1% Lowfat MILK: Skim	13 SLOPPY JOE ON A ROLL SWEET POTATOES BANANAS (1C) MILK: 1% Lowfat MILK: Skim
16 TOFU STIR FRY BROWN RICE (4oz) STEAMED BROCCOLI ORANGES (1C) MILK: 1% Lowfat MILK: Skim	17 TACO CASSEROLE W/BEEF PICKLED CARROT SALAD CHOPPED TOMATO SALAD PEARS (1C) MILK: 1% Lowfat MILK: Skim	18 CURRIED CHICKEN BROWN RICE (4oz) BROWN RICE (4oz) KIDNEY BEANS APPLES (1C) MILK: 1% Lowfat MILK: Skim	19 MEATLOAF MASHED POTATOES ROLLS PLUMS (1C) MILK: 1% Lowfat MILK: Skim	20 CHICKEN SANDWICH ROASTED ASPARAGUS BANANAS (1C) MILK: 1% Lowfat MILK: Skim
23 MACARONI AND CHEESE 'KRISPY' KALE ORANGES (1C) MILK: 1% Lowfat MILK: Skim	24 CHICKEN QUESADILLA CHOPPED TOMATO SALAD PICKLED CARROT SALAD PEARS (1C) MILK: 1% Lowfat MILK: Skim	25 OVEN FRIED CHICKEN BAKED BEANS ROLLS BANANAS (1C) MILK: 1% Lowfat MILK: Skim	26 SALISBURY STEAK BROWN RICE (4oz) GREEN BEANS PEACH CUP (1C) MILK: 1% Lowfat MILK: Skim	27 ALL-BEEF BURGERS HOME FRIES BANANAS (1C) MILK: 1% Lowfat MILK: Skim
30 NO SCHOOL TODAY				