## **Creative Minds – Lunch**

## **July, 2019**

1	2	3	4	5
Pesto Pasta	Breaded Chicken Sandwich	Baked Chicken	INDEPENDENCE DAY	Chicken Quesadilla
Steamed Broccoli	Black Bean Burger	Roasted Carrots		Veggie Quesadilla
Oranges	Roasted Potatoes	W.G. Roll		Black Bean Salsa
Milk 1%	Nectarines	Apples		Plums
Milk, Skim	Milk 1%	Milk 1%		Milk 1%
8	9	10	11	12
Pasta	Chicken Salad Sandwich	BBQ Chicken	House Salad w/ Turkey Ham	Sloppy Joe
w/ Mozzarella Cheese Stick	Egg Salad Sandwich	Mixed Veggie w/Cheese	House Salad w/ Boiled Egg	Sloppy Joe (W/Beans)
Spinach Salad	Chickpea Salad	WG Roll	WG Roll	Roasted Sweet Potatoes
Oranges	Pears	Corn on the Cob	Peaches	Nectarines
Milk 1%	Milk 1%	Apples	Milk 1%	
15	16	17	18	19
WG Macaroni & Cheese	Meatball Sub	Jerk Chicken	Beef Burrito Bowl	Beef Hamburger
Spring Mix Salad	Eggplant Parmesan Sub	Jerk Tofu	Black Bean Burrito Bowl	Black Bean Burger
Oranges	Home Fries	Brown Rice & Peas	Brown Rice	Spinach Salad
Milk 1%	Banana	Cantaloupe	Tomato Salsa	Watermelon
Milk, Skim	Milk 1%	Milk 1%	Apples	Milk 1%
22	23	24	25	26
Pesto Flatbread	Grilled Cheese Sandwich	Pasta Primavera	Loaded Baked Potato Wedges:	Splash Down Water Park
Chickpea Salad	Spinach Salad	Mozzarella Cheese Stick	w/ Beef & Cheese or	(Lunch Served at Park)
Oranges	Plums	Sliced Cucumber Salad	w/ Beans & Cheese	Baby Carrots
Milk 1%	Milk 1%	Pears	Peaches	Apples
Milk, Skim	Milk, Skim	Milk 1% Milk, Skim	Milk 1% Milk, Skim	Milk 1% Milk, Skim

(Menu Subject to Change). 7.1.2019