

# CREATIVE MINDS BREAKFAST

## March 2019

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
|   |   |   |  | 1<br><br><b>NO SCHOOL TODAY</b>  |
| 4<br><br>CEREAL<br>YOGURT<br>APPLES (1CUP)<br>MILK, 1% Lowfat<br>MILK, Skim                                   | 5<br><br>TURKEY SAUSAGE<br>ENGLISH MUFFIN<br>100% ORANGE JUICE<br>MILK, 1% Lowfat<br>MILK, Skim             | 6<br><br>CHEESY GRITS<br>BANANAS (1CUP)<br>MILK, 1% Lowfat<br>MILK, Skim  | 7<br><br>BLUEBERRY MUFFINS<br>ORANGES (1/2CUP)<br>APPLESAUCE<br>MILK, 1% Lowfat<br>MILK, Skim  | 8<br><br>BREAKFAST TACO<br>TOMATO SALSA (AM)<br>STRAWBERRIES, FRE<br>SH<br>MILK, 1% Lowfat<br>MILK, Skim |
| 11<br><br>EGG MUFFIN CUPS<br>HASHBROWNS<br>BISCUITS (2OZ)<br>APPLES (1/2CUP)<br>MILK, 1% Lowfat<br>MILK, Skim | 12<br><br>WAFFLES<br>100% ORANGE JUICE<br>SYRUP, PANCAKE<br>MILK, 1% Lowfat<br>MILK, Skim                   | 13<br><br>PARFAIT W/YOGURT,<br>FRUIT & GRAN<br>GRANOLA CUPS<br>BANANAS (1/2 CUP)<br>MILK, 1% Lowfat<br>MILK, Skim | 14<br><br>BREAKFAST PIZZA<br>(TURKEY)<br>ORANGES (1/2CUP)<br>APPLESAUCE<br>MILK, 1% Lowfat<br>MILK, Skim                             | 15<br><br>FRUIT & YOGURT<br>SMOOTHIE<br>GRANOLA CUPS<br>BLUEBERRIES<br>MILK, 1% Lowfat<br>MILK, Skim     |
| 18<br><br>OATMEAL w/DRIED<br>RAISINS<br>APPLES (1/2CUP)<br>MILK, 1% Lowfat<br>MILK, Skim                      | 19<br><br>FRENCH TOAST<br>100% ORANGE JUICE<br>MILK, 1% Lowfat<br>MILK, Skim                                | 20<br><br>EGG & CHEESE<br>FRITTATA<br>TORTILLA WRAP<br>BANANAS (1CUP)<br>MILK, 1% Lowfat<br>MILK, Skim            | 21<br><br>APPLE CINNAMON<br>MUFFINS<br>MOZZARELLA<br>CHEESE STICK<br>ORANGES (1/2CUP)<br>APPLESAUCE<br>MILK, 1% Lowfat<br>MILK, Skim | 22<br><br><b>NO SCHOOL TODAY</b>   |
| 25<br><br><b>NO SCHOOL TODAY</b>  | 26<br><br>WAFFLES<br>TURKEY SAUSAGE<br>100% ORANGE JUICE<br>SYRUP, PANCAKE<br>MILK, 1% Lowfat<br>MILK, Skim | 27<br><br>BAGELS<br>BANANAS (1CUP)<br>MILK, 1% Lowfat<br>MILK, Skim   | 28<br><br>COFFEE CAKE<br>MUFFINS<br>ORANGES (1/2CUP)<br>APPLESAUCE<br>MILK, 1% Lowfat<br>MILK, Skim                                  | 29<br><br>BREAKFAST BOWL<br>BISCUITS (2OZ)<br>BLUEBERRIES<br>MILK, 1% Lowfat<br>MILK, Skim               |

Menu Subject to Change. Milk Variety Served Daily (1% and Skim).