

CREATIVE MINDS - BREAKFAST

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 STRAWBERRY MUFFINS ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	2 FRUIT & YOGURT SMOOTHIE GRANOLA STRAWBERRIES, FR ESH MILK, 1% Lowfat MILK, Skim
5 CEREAL YOGURT APPLES PEARS MILK, 1% Lowfat MILK, Skim	6 EGGS BISCUITS (2OZ) 100% ORANGE JUICE PINEAPPLE CHUNKS MILK, 1% Lowfat MILK, Skim	7 BAGELS BANANAS MIXED FRUIT CUP MILK, 1% Lowfat MILK, Skim	8 COFFEE CAKE MUFFINS ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	9 Professional Development Day No School
12 Veterans Day No school	13 FRENCH TOAST STICKS 100% ORANGE JUICE (4oz) PEACHES, FRESH MILK, 1% Lowfat MILK, Skim	14 HASHBROWNS TURKEY SAUSAGE LINKS ROLLS BANANAS MILK, 1% Lowfat MILK, Skim	15 BLUEBERRY MUFFINS ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	16 WAFFLES HONEYDEW STRAWBERRIES, FR ESH SYRUP, PANCAKE MILK, 1% Lowfat MILK, Skim
19 BREAKFAST BOWL GRANOLA CUPS APPLES PEARS MILK, 1% Lowfat MILK, Skim	20 HOME FRIES (AM) CHEESY GRITS APPLES PEARS MILK, 1% Lowfat	21 NO SCHOOL	21 NO SCHOOL	21 NO SCHOOL
26 CEREAL, VARIETY YOGURT APPLES PEARS MILK, 1% Lowfat MILK, Skim	27 EGG & CHEESE FRITTATA BISCUITS (2OZ) APPLES PEARS MILK, 1% Lowfat MILK, Skim	28 OATMEAL w/DRIED RAISINS BANANAS MILK, 1% Lowfat MILK, Skim	29 STRAWBERRY MUFFINS ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	30 FRUIT & YOGURT SMOOTHIE GRANOLA CUPS STRAWBERRIES, FR ESH MILK, 1% Lowfat MILK, Skim

E W STOKES KITCHEN

Menu Subject to Change.