

CREATIVE MINDS LUNCH - OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 PASTA W/ RED SAUCE & PARMESAN MOZZARELLA CHEESE STICK SPINACH SALAD ORANGES MILK, 1% Lowfat MILK, Skim	2 SPICY ITALIAN SLIDERS TOMATO SOUP PEARS MILK, 1% Lowfat MILK, Skim	3 BAKED CHICKEN WINGS BAKED TOFU GREEN BEANS APPLES BISCUITS (2OZ) MILK, 1% Lowfat MILK, Skim	4 STOKES' NACHOS STOKES' NACHOS (W/ BEANS) CHEESE SAUCE BLACK BEAN SALSA PEACH CUP MILK, 1% Lowfat MILK, Skim	5 PARENT - TEACHER CONFERENCES NO SCHOOL TODAY
8 NO SCHOOL TODAY	9 MEXICALI TACO BOAT MEXICALI TACO BOAT (V) TORTILLA WRAP CORN & TOMATO SALSA TOMATO SALSA PEARS MILK, 1% Lowfat MILK, Skim	10 JERK CHICKEN JERK TOFU RED BEANS & RICE APPLES MILK, 1% Lowfat MILK, Skim	11 CHICKEN NUGGETS BAKED TOFU GREEN BEANS BISCUITS (2OZ) PINEAPPLE CHUNKS MILK, 1% Lowfat MILK, Skim	12 MEATBALL SUB SLOPPY TOFU ON A ROLL SPINACH SALAD BANANAS MILK, 1% Lowfat MILK, Skim
15 TOMATO SOUP CHEESE SANDWICH ORANGES MILK, 1% Lowfat MILK, Skim	16 BBQ CHICKEN CORN ON THE COB BISCUITS (2OZ) PEARS MILK, 1% Lowfat MILK, Skim	17 TIKKA MASALA CHICKEN INDIAN CAULIFLOWER W/ CHICKPEAS ROASTED CHICKPEAS APPLES ROLLS MILK, 1% Lowfat MILK, Skim	18 SESAME NOODLE SALAD HARD BOILED EGG ROASTED GREEN & RED PEPPERS PEACH CUP MILK, 1% Lowfat MILK, Skim	19 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL TODAY
22 MACARONI AND CHEESE HOUSE SALAD ORANGES MILK, 1% Lowfat MILK, Skim	23 ITALIAN CHICKEN SANDWICH ITALIAN VEGGIE SANDWICH SHREDDED LETTUCE CUP PEARS MILK, 1% Lowfat MILK, Skim	24 PERUVIAN CHICKEN PERUVIAN TOFU INDIGENOUS FRIED RICE BLACK BEANS APPLES MILK, 1% Lowfat MILK, Skim	25 GREEK PASTA SALAD MOZZARELLA CHEESE STICK TOMATO BASIL SALAD (3/4) CARROT STICKS PINEAPPLE CHUNKS MILK, 1% Lowfat MILK, Skim	26 SLOPPY JOE ON A ROLL SLOPPY TOFU ON A ROLL HOME FRIES BANANAS MILK, 1% Lowfat MILK, Skim
29 PESTO PASTA PEAS GREEN MOZZARELLA CHEESE STICK ORANGES MILK, 1% Lowfat MILK, Skim	30 TACO CASSEROLE TACO CASSEROLE W/ BEANS TOMATO SALSA PEARS MILK, 1% Lowfat MILK, Skim	31 CHICKEN QUESADILLA VEGGIE QUESADILLA BLACK BEANS APPLES MILK, 1% Lowfat MILK, Skim		

E W STOKES KITCHEN

*Menu Subject to Change. MILK VARIETY offered daily.