

CREATIVE MINDS BREAKFAST - OCTOBER, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
1 CEREAL YOGURT APPLES PEARS MILK, 1% Lowfat MILK, Skim	2 SCRAMBLED EGGS BISCUITS (2OZ) 100% ORANGE JUICE PINEAPPLE CHUNKS MILK, 1% Lowfat MILK, Skim	3 COFFEE CAKE MUFFINS BANANAS MIXED FRUIT CUP MILK, 1% Lowfat MILK, Skim	4 BAGELS ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	5 PARENT - TEACHER CONFERENCES NO SCHOOL TODAY
8 NO SCHOOL TODAY	9 FRENCH TOAST STICKS 100% ORANGE JUICE (4oz) PEACHES, FRESH MILK, 1% Lowfat MILK, Skim	10 HASHBROWNS TURKEY SAUSAGE LINKS ROLLS BANANAS MIXED FRUIT CUP MILK, 1% Lowfat MILK, Skim	11 BLUEBERRY MUFFINS ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	12 WAFFLES TURKEY SAUSAGE HONEYDEW STRAWBERRIES, FR ESH MILK, 1% Lowfat MILK, Skim
15 CEREAL YOGURT APPLES PEARS MILK, 1% Lowfat MILK, Skim	16 OATMEAL w/ STRAWBERRIES 100% ORANGE JUICE PINEAPPLE CHUNKS MILK, 1% Lowfat MILK, Skim	17 SCRAMBLED EGGS BISCUITS (2OZ) BANANAS MIXED FRUIT CUP MILK, 1% Lowfat MILK, Skim	18 SAUSAGE & CHEESE ON ENG. MUFF ORANGES PLUMS, FRESH MILK, 1% Lowfat MILK, Skim	19 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL TODAY
22 CEREAL, VARIETY YOGURT APPLES PEARS MILK, 1% Lowfat MILK, Skim	23 BANANA MUFFINS 100% ORANGE JUICE PEACH CUP MILK, 1% Lowfat MILK, Skim	24 BREAKFAST BURRITO BANANAS MIXED FRUIT CUP MILK, 1% Lowfat MILK, Skim	25 BAGELS ORANGES PLUMS, FRESH CREAM CHEESE MILK, 1% Lowfat MILK, Skim	26 BREAKFAST PIZZA STRAWBERRIES, FR ESH HOME FRIES (AM) MILK, 1% Lowfat MILK, Skim
29 CEREAL, VARIETY YOGURT APPLES PEARS MILK, 1% Lowfat MILK, Skim	30 EGG & CHEESE FRITTATA BISCUITS (2OZ) 100% ORANGE JUICE (4oz) PINEAPPLE CHUNKS MILK, 1% Lowfat MILK, Skim	31 OATMEAL w/ STRAWBERRIES BANANAS MIXED FRUIT CUP MILK, 1% Lowfat MILK, Skim		

E W STOKES KITCHEN

Menu Subject to Change. We serve 1% and Skim Milk daily.

