

Monday

2
W.G. Grilled Cheese Sandwich
Tomato Basil Salad
Oranges
Milk, 1%
Milk, Skim

9
Pasta w/Marinara Sauce
Mozzarella Cheese Stick
Chickpea Salad
Plums
Milk, 1%
Milk, Skim

16
W.G. Macaroni & Cheese
Fruit Salad
Spring Mix Salad
Milk, 1%
Milk, Skim

23
Garlic Cheese Flatbread
Cucumber Salad
Oranges
Milk, 1%
Milk, Skim

Tuesday

3
BBQ Chicken Wrap
Mixed Veggie & Cheese Wrap (V)
Coleslaw
Peaches
Milk, 1%
Milk, Skim

10
Chicken Quesadilla
Veggie & Cheese Quesadilla (V)
Tomato Salsa
Bananas
Milk, 1%
Milk, Skim

17
"Mexical" Taco Boat
Tomato Salsa
Apples
Milk, 1%
Milk, Skim

24
Italian Chicken W.G. Panini
Mixed Veggie & Cheese W.G. Panini (V)
Hummus
Apples
Milk, 1%
Milk, Skim

Wednesday

4
Independence Day:
No School

11
Lemon Pepper Chicken Wings
Lemon Pepper Tofu (V)
Brown Rice
Green Peas
Apples
Milk, 1%
Milk, Skim

18
Peruvian Chicken
Peruvian-Style Pinto Beans (V)
Brown Rice
Warm Black Beans
Milk, 1%
Milk, Skim

25
Tikka Masala Chicken Wings
Tikka Masala Tofu (V)
Coconut Brown Rice
Carrot & Beet Salad
Nectarines
Milk, 1%
Milk, Skim

Thursday

5
Black Bean Soup
With Shredded Cheese
& W.G. Tortillas
Corn Salsa
Apples
Milk, 1%
Milk, Skim

12
Spring Mix House Salad
Diced Turkey Ham
Fresh Peaches
Milk, 1%
Milk, Skim

19
Lemon Butter Whitefish
Lemon Butter Tofu (V)
Roasted Asparagus
Brown Rice
Oranges
Milk, 1%
Milk, Skim

26
Loaded Baked Potato
With Beef & Cheese
Loaded Baked Potato
With Beans & Cheese (V)
Fresh Peaches
Milk, 1%
Milk, Skim

Friday

6
W.G. Cheese Pizza
Spinach Cup
Cantaloupe
Milk, 1%
Milk, Skim

13
Beef Hamburger on W.G. Bun
Black Bean Burger on W.G. Bun
House Made Pickles
Watermelon Slices
Milk, 1%
Milk, Skim

20
Chicken Salad Sandwich on W.G.
Egg Salad Sandwich on W.G. (V)
Corn on the Cob
Honeydew Slices
Milk, 1%
Milk, Skim

27
Turkey Breast & Cheese
Sandwich on W.G.
Tomato, Mozzarella on
W.G. Bread (V)
Spinach Cups
Plums
Milk, 1%
Milk, Skim

30

31