

Monday

2
 Cheesy Grits
 Apples
 Mixed Fruit Cup
 Milk, 1%
 Milk, Skim

9
 W.G. Bagels
 Apples
 Oranges
 Cream Cheese
 Milk, 1%
 Milk, Skim

16
 Oatmeal w/Dried Raisins
 Apples
 Milk, 1%
 Milk, Skim

23
 Blueberry Muffins
 Apples
 Mixed Fruit Cup
 Milk, 1%
 Milk, Skim

Tuesday

3
 Breakfast Burrito on W.G. Tortilla
 Salsa
 Oranges
 Milk, 1%
 Milk, Skim

10
 Coffee Cake Muffins
 Peaches
 Mixed Fruit Cups
 Milk, 1%
 Mil, Skim

17
 Breakfast Bowl:
 Hash Brown Potatoes, Eggs,
 & Sausage
 Plums
 Milk, 1%
 Milk, Skim

24
 Turkey Sausage
 W.G. Roll
 Home Fries
 Strawberries
 Milk, 1%
 Milk, Skim

Wednesday

4
 Independence Day
 No School

11
 W.G. Cereal
 Yogurt
 Bananas
 Nectarines
 Milk, 1%
 Milk, Skim

18
 W.G. Cereal
 Yogurt
 Bananas
 Nectarines
 Milk, 1%
 Milk, Skim

25
 W.G. Cereal
 Yogurt
 Bananas
 Nectarines
 Milk, 1%
 Milk, Skim

Thursday

5
 W.G. Cereal
 Yogurt
 Bananas
 Nectarines
 Milk, 1%
 Milk, Skim

12
 Turkey Sausage & Cheese
 Sandwich on W.G. Bun
 Egg & Cheese on W.G. Bun (V)
 100% Juice
 Milk, 1%
 Mil, Skim

19
 Egg Frittata
 W.G. Roll
 100% Orange Juice
 Milk, 1%
 Milk, Skim

26
 Fried Egg Sandwich
 W.G. English Muffin
 100% Orange Juice
 Milk, 1%
 Milk, Skim

Friday

6
 Fruit Smoothie
 Granola
 Fresh Peach
 Milk, 1%
 Milk, Skim

13
 Chicken & Waffles
 Cantaloupe
 Strawberries
 Syrup
 Milk, 1%
 Mil, Skim

20
 W.G. French Toast
 Turkey Sausage
 Syrup

27
 Yogurt Parfait w/Fruit
 & Granola
 Peaches
 Milk, 1%
 Milk, Skim

30

31

